



245 N. Grant Ave.
Columbus 43215



NIXING NICOTINE

If you are interested in
quitting smoking
please contact:

Vera Moody
614-224-6617
Ext. 2820

Or

Ext. 3

Medication Assisted
Treatment Offered at
the Health Center

For details about our
program...
Call Victoria at
Ext. 2186



Recovery Support Program | March 2020

AT HEALTH CENTER AT FAITH MISSION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No Recovery Support Groups	3	4 10 am- Coffee & Check-in 3 pm – Skills Not Excuses: learning coping skills and strategies for recovery	5 3pm- Relapse Prevention	6
9 10 am – Help & Hope (Self-Esteem) 3 pm – Addiction vs. Recovery	10	11 10 am- Coffee & Check-in 3 pm – Skills Not Excuses: learning coping skills and strategies for recovery	12 3pm- Relapse Prevention	13
16 10 am – Help & Hope (Self-Esteem) 3 pm – Addiction vs. Recovery	17	18 10 am- Coffee & Check-in 3 pm – Skills Not Excuses: learning coping skills and strategies for recovery	19 3pm- Relapse Prevention	20
23 10 am – Help & Hope (Self-Esteem) 3 pm – Addiction vs. Recovery	24	25 10 am- Coffee & Check-in 3 pm – Skills Not Excuses: learning coping skills and strategies for recovery	26 3pm- Relapse Prevention	27
30 10 am – Help & Hope (Self-Esteem) 3 pm – Addiction vs. Recovery	31	April 1 10 am- Coffee & Check-in 3 pm – Skills Not Excuses: learning coping skills and strategies for recovery	April 2 3pm- Relapse Prevention	April 3