



**LSS
CHOICES**

For Victims of Domestic Violence



HEALTHY *Relationships*

Respect for both yourself and others is important to a healthy relationship.

Violence in any relationship is *never* okay. Love is not supposed to hurt. Choose partners and friends who will love you for who you are and want to keep you safe.

LSS CHOICES offers support to victims of domestic violence. This type of violence is used to establish and exert power and control, and does not have to be physical. It can also include emotional, verbal, sexual or financial abuse. Both men and women can be abused, but most victims are women.

- Dating
- Married
- Living together
- Family